



Message from the Board

“Coaching is a caring profession. ICF is a caring organization. We care”, says the ICF’s CEO/Executive Director, Magda Nowicka Mook, in a [video message](#) in response to COVID-19. Given the uncertainty of what is happening with this virus, we made a difficult decision to cancel our March Building a Thriving Coaching Business Panel event for the health of all concerned.

However, it also offered us the opportunity to virtually partner with fellow ICF Chapters in the Western Region to better serve our coaching community in times of crisis. [Watch the replay](#) of the virtual event led by the exceptional Dr. Pat Williams and reflect on the following questions:

- What can you, as a coach today, do to help?
- What are the actions that you can take now to elicit that response from society in the future?

We are working on tailoring future events, including the upcoming [International Coaching Week](#), to our new reality given COVID. You can expect an events-focused email within the next two weeks; keep your eyes peeled for updates!

Practice social distancing and stay healthy,
ICF Vancouver Board Members

Be the best coach you can be.

Renew your ICF Membership today.



Renew Now

With gratitude, we acknowledge that we live, learn, and play on the traditional, ancestral, and unceded territory of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔ/Səlilwítlh (Tsleil-Waututh) peoples.

Reading List



A perfect reading challenge for this highly fluid time:

- Grit | Angela Duckworth
- Rising Strong | Brene Brown
- How Emotions are Made | Lisa Feldman Barrett
- Hope in the Dark | Rebecca Solnit

Member Spotlight

Louise Lee, ECPC, ACC

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Twitter: [@LouiseLeeCoach](https://twitter.com/LouiseLeeCoach)

Louise Lee, ECPC, ACC, is a certified leadership and life coach who deeply believes that *the world needs more people who are bringing their unique gifts into the world*. She helps her clients discover and step into who they're meant to be and what they're meant to do in this world.



[Learn more](#) about Louise on our website!

If your organization offers services, programs, or products of direct interest to professional coaches, advertising with the ICF Vancouver Charter Chapter may be of value to you. Please contact our Director of Sponsorship, April Ria Qureshi-Davidson, at sponsorship@icfvancouver.ca.

Member Resources

ICF Global has built a [COVID-19 resource page](#) for coaches. New resources are added to this page frequently; you are strongly encouraged to bookmark the page and visit often.

We especially want to highlight the following:



- Video Series: Making the Shift to Virtual Coaching by Jennifer Britton
- Article: [Supporting Clients Through Coronavirus-related Stress](#) by Shiri Ben-Arzi



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