



Coach Giving Leadership Program

Accelerate Leadership Awareness, Development and Effectiveness

Employee “Coachee” to Complete this Assessment to Identify Coaching Goals

1. **IMPORTANT:** Save/print a copy of this document to share it with your Coach.
2. Return this completed Assessment to Sunaina Sharma, Director Coach Giving Leadership Program at coachgiving@icfvancouver.ca

In preparation for working with a Leadership Coach please reflect upon the following questions.

Set aside at least 30 minutes to consider your goal(s) and identify those you wish to achieve and/or change(s) that you wish to make that will benefit you and your organization. Your Goals must align with the mission of your Organization.

Name:

Title:

Organization:

1. What goals are you currently meeting or exceeding in your current role?
2. Which goals are difficult to meet? Why?
3. What is the behaviour(s) you wish to improve or the change(s) you wish to achieve through leadership coaching?
4. If you get better at this behaviour(s) or make this change(s) what will be the main benefit for you and for your organization?
5. In what ways will this goal(s) and/or change(s) be in alignment with the mission of your organization?
6. What has to happen for you to achieve your goal(s), and/or make the change(s) and what might you need to give up?
7. On a scale from 1 (low) to 10 (high), how committed are you to achieving your goal(s), and/or making the change(s)?